Bridgewater Primary

Together rain or shine

Bridgewater Primary School
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Uniform requirements during the extreme weather

Dear Parents and Carers,

The weather is set to get very hot again this week. Until the end of term we will be reverting to our extreme weather uniform requirements:

Wearing PE kit rather than regular uniform: your child can swap their regular tailored school shorts or skirts for their PE shorts if they wish to, until further notice. We would prefer that the children to continue to wear a white polo shirt on the days when they don't have PE and a blue top on the days that they do. Please note that children should only wear Bridgewater School PE kit.

- Footwear & socks: the children should wear their standard school shoes or their trainers on PE days. This is for the safety of the children. Children may wear white socks instead of thicker, darker ones if preferred.
- Sun hats: We strongly encourage pupils to bring and wear sun hats when they are outdoors.
- Sunscreen: Please ensure your child has long-lasting, high SPF sunscreen applied before coming to school.
- Sunglasses: We would prefer children to wear hats rather than sunglasses. If they choose to wear sunglasses they must be named, have wraparound lenses or wide arms with the CE Mark and British Standard Mark 12312-1:2013 E. Novelty or branded sunglasses are unsuitable for school use. It is important that the children do not treat them as a fashion accessory and remove them during breaks etc.

Clothing for Forest School or visiting the woods

During periods of extreme weather to keep the children as comfortable as possible we make use of the forest school. The woods are one of the coolest areas on the school site for the children. You will be aware that at school, as in any woodland, park or garden, there is a risk of children being exposed to ticks. Follow this link to the letter that was sent last week about ticks.

As well as visiting the woods during scheduled Forest School sessions, the children may visit the woods at other times during the school day, to stay cool and comfortable. We have to weigh up the risks of children

wearing waterproof trousers/jogging bottoms and overheating in the woods, vs the risks of tick exposure. Please note that children can pick up a tick in grass as well as in woodlands, so in the garden, at the park or elsewhere.

Between now and the end of term, if the weather is very hot we will allow the children to wear their usual school uniform, their PE shorts, or a pair of thin trousers from home with their wellies, **unless you would rather that they didn't**. We will give the children a quick visual check when they come in from forest school to ensure that there are no visible ticks on their arms and legs, but it is important that you also do this at home, as we would suggest you do after visiting woods at any time. As per the guidance in the letter above, ticks can be tiny, only 1mm in diameter and difficult to spot.

If you would prefer that your child wears their waterproof trousers or joggers, please complete this google form and we will ensure they put them on before going into the woods. These arrangements will be in place until the end of term.

Staying cool in school

Thank you very much to the 26 families who have contributed to the cost of cooling equipment at school. We spent almost £3,000 on cooling devices, which will be put to use again this week. If you feel able to make a voluntary donation, please follow this link.

Thank you for your support. If you have any queries, do not hesitate to contact us.

Bridgewater School.