Bridgewater Primary

Together rain or shine

Bridgewater Primary School
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Dear Parents & Carers,

**Walk, Cycle or Scoot to school day - an active travel initiative**

**Date:**

Friday 25th September 2026

**Details:**

On Friday, the 25th of September, we are asking all our Bridgewater families to walk, cycle or scoot to school as part of our Modeshift Travel Plan.

Walking to school (or parking and striding) can be a really positive, healthy start to your child's day and we want to encourage it wherever possible. Please use this 'Walk to School' day to have a think about whether you could leave the car at home in future, even for just 1 day each week.

There are lots of positive benefits to walking, cycling or scooting to school, some of which are listed below:

- Educational: children who walk to school often arrive more alert and readier to work, after some fresh air and exercise.
- Health: walking, scooting or cycling to school is an easy way to contribute to the recommended 60 minutes of daily exercise for your child.
- Social: we really see the benefits for children who walk with friends and neighbours, sometimes having the opportunity to mix with children in other classes and year groups on their walk to school.
- Wellbeing: walking to school is a great opportunity to spend time together out in the fresh air and to prepare for the day ahead.
- Sustainability: we want to improve the air quality around the school and in our local community, but also think about the wider impact to the climate.
- Planning for future independence: children who walk when they are lower down the school, and in particular those who walk in social groups with friends or on the Walking Bus, tend to find it much easier when they later start to walk independently in Years 5 and 6 or when they transition to secondary school.

We know it isn't possible for everyone to leave the car at home, but it would be brilliant to have as many children as possible taking part. We will be encouraging staff to do the same.

Please note, the drop off zone at the bottom of the drive for children in year 3 and upwards will still be operating. There is also the option to use the rear gate entrance to the school field if this will make your journey easier.

We will then conduct a 'hands up' survey in school, using the data for our Travel Plan this term.

Thank you for your support with this active travel initiative.

Bridgewater School